

PERSONAL STATEMENT SAMPLE

UK UNIVERSITY

From a young age, I have been drawn to the profound effect that health care professionals have on people and groups. When I was growing up in Ghana, I saw firsthand the difficulties many females faced in accessing standard maternal care stories of preventable complications and the insufficiency of skilled creations accompanying profoundly travel self. The current divine my very own determination to prosecute obstetrics, a profession that nay is not used solely for academic writing but which additionally empowers females during a mainly susceptible but still revolutionary moment in their existence. My journey as a Registered Midwife, studying at the Holy Family Nursing and Midwifery Training College, Techiman, reinforced my love for nursing and reinforced my devotion to further my education. I am currently looking for a way to improve my expertise through the Sunderland Academic Institute's BSc Hons Nursing Top-Up initiative, which will improve my clinical awareness, study skills, and direction skills in nursing practice.

I was trained at Holy Family Nursing and Midwifery Training College, where I acquired intensive obstetric training in fields such as prenatal care, labor, and distribution, postpartum care, neonatal resuscitation, and sustainable health assessment. The strategy combines intellectual expertise with practical curatorial talent, allowing me to broaden my perspective, tolerance, and evidence-based practice.

I have met a bad pregnancy, a teenage mother with a little study on generative vitality, and a family that doesn't want to seek medical advice because of interpersonal principles. These obstacles taught me the importance of persevering learning, community sensitivity, and

adaptive clinical judgment. I train myself to talk competently, support patients, and cooperate with a multidisciplinary group in systematic ways to advance findings.

Monitoring of pre and postnatal assessment, detection of undesirable pregnancy, and timely intervention. Help with normal and emergency delivery, ensuring attachment to the infection prevention plan. In order to reduce infant mortality, educate mothers on breastfeeding, relatives' systematic planning, and consideration of the fetus. In order to promote maternal health in underserved populations, they engage in outreach activities.

While my diploma is a hard base, I admit that there is a growing demand for medical care and a need for more advanced intelligence in nursing science, management, and investigation. The subsequent BSc Hons nursing training at the Sunderland Institute will be fully integrated with my own as regards my objectives.

A robust learning path based on progressive long-term thinking, healthcare policy, and evidence-based practice will reinforce my understanding of contemporary nursing. I am acutely concerned with the scrutiny of nursing practice, particularly with regard to the admiration for the results of the maternal vitality and preventive health care scheme in a minimal resource situation.

My long-term goal is to go into nursing leadership, study, or, alternatively, group wellness policies where I can contribute to a systemic improvement in maternal and neonatal well-being. I'm traveling to keep myself updated with the most recent class. Train upcoming midwives and nurses, bridge skill gaps in Ghana's second healthcare workforce. Champion of policy changes promoting access to high quality maternal healthcare. In order to address critical fitness disparity, conduct community-based research.

I am thrilled to be pursuing a BSc in Nursing at University of Sunderland, so that I can broaden my knowledge, increase my expertise, and finally take charge and teach. The excellence of the

health science facilities is one of the key reasons I choose University of Sunderland. The **John Dawson Science Complex** on the City Centre Campus is a hub for nursing and midwifery education. It features modern simulation rooms, specialist laboratories, problem-based learning spaces, and an **OSCE (Objective Structured Clinical Examination) suite**, which will give me realistic, hands-on practice in clinical scenarios. The above-mentioned state-of-the-art environments will enable me to develop my own confidence and clinical reasoning abilities before moving into real patient settings. Furthermore, the library assistance of the academic institution is exceptional, with access to large scientific databases such as **PubMed, ScienceDirect, PsycARTICLES, Embase, and Web of Science**. These resources will support my evidence-based practice and research throughout the course. Also, the open door policy of educational staff ensures easy access to guidance and guidance, as well as support for a nurturing and efficient learning environment.

The BSc Nursing programme is structured in a way that directly supports my aspirations of becoming a maternal health leader, researcher, and educator.

Research Proposal (40 credits): I will gain skills in designing a systematic research project, including literature reviews and ethical planning. I plan to focus on maternal education in low-resource settings to support safer childbirth outcomes in Ghana.

Facilitating Learning in Practice (20 credits): This module will help me become a better teacher so that I can mentor students and junior midwives. This is important for my goal of helping to train healthcare professionals in my country.

Evidence-Based Practice (20 credits): This will help me gather and analyse data, critically evaluate academic research, and use scientific findings in clinical settings. These are all skills that are necessary for improving maternity care practices.

Equality, Diversity, Ethics, and the Law (20 credits): I will learn a lot about patient rights, informed consent, and anti-discrimination. This knowledge will help me fight for fair and inclusive care in communities with a lot of different people.

Managing and Making Changes in Healthcare (20 credits): This module will give me the leadership and management skills I need to start making changes in how healthcare is delivered, which is an important part of my plan to influence maternal and public health policies back home.

I have done a lot of research on Sunderland outside of school, and I am excited to live in this beautiful, student-friendly city. Sunderland is in the northeast of England and has a unique mix of culture, natural beauty and affordability.

I am really looking forward to going to **Roker and Seaburn Beaches** because they are so peaceful. They are perfect for relaxing after a long day of lectures or placements. The **Sunderland Museum** and **Winter Gardens** also sound interesting to me. It has a tropical indoor garden and interesting exhibits. **Mowbray Park**, one of the oldest public parks in the area, is a great place to relax and go for a walk outside.

Sunderland is easy to get around because of its size and layout. Many students have said that the city is safe, friendly, and cheap. This makes it an ideal place for me to study and thrive both personally and professionally.

I **will** acquired for myself an accommodation at Clanny House Sunderland Student Accommodation, standard room costing £95/week, amounting to £4845 for 51 weeks.

I plan to use the free campus bus service (Sunderland Connect 700/701) that the university offers. It runs often between the main City Campus and other university sites. I will be able to get to my lectures and practical sessions easily and without having to pay extra for travel every

day. I plan to use the Tyne and Wear Metro or local buses to get to places outside of the university once in a while. I think I'll spend about **£5–10** a week on transport with student travel passes that are on sale.

In summary, my **weekly budget** is as follows:

Category	Estimated Cost (per week)
Accommodation	£95
Travel	£5–10
Total	£100–105

The University of Sunderland provides the best setting for my academic, professional, and personal development. I will be able to acquire the skills I need to truly impact healthcare in Ghana after I graduate and in the UK during my studies thanks to its first-rate facilities, practice-driven curriculum, energetic city life, and encouraging academic culture.

My journey from a midwife in Ghana to an aspiring BSc (Hons) Nursing student reflects my devotion to growth and excellence.

My interpersonal and communication abilities are strong. I perform well under duress. In addition, I enjoy learning, teaching, and drawing on the knowledge of others. I also pay attention to details and work well in a team.

Given my abilities, skills, and experiences, I am confident that, if given the opportunity, I will be in a better position to provide my patient and myself with additional information. The excellent instruction and knowledge that your university imparts is the reason I have decided to study there. I think I could learn the skills required for a Bachelor of Science in Adult Nursing. In turn, this would lower the mortality rate from preventable fatalities in my institution, the surrounding area, and Ghana overall.